Avocado Pesto

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A traditional Italian pesto is made from pureed nuts, olive oil, and herbs. Take the untraditional route with an avocado-based pesto, which yields a much smoother version worthy of tacos, vegetables, and the usual pasta.

Ingredients:

large ripe avocado, peeled, pitted, chopped
cup fresh basil leaves
cup grated Parmesan cheese
tablespoons fresh lemon juice
cloves garlic, crushed
teaspoon salt
teaspoon black pepper
to 6 tablespoons water, as needed

Directions:

1) Combine all ingredients, except water, in a food processor; puree until smooth. With machine running, slowly add water to mixture until desired consistency is reached. Serve immediately or well chilled.